

STOCKS	UNIT	GUIDE PRICE
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TRUEfoods fresh stocks

Beef Stock	2.5kg	12.10
Chicken Stock – Golden	2.5kg	12.10
Lamb Stock	2.5kg	12.10
British 100% Rose Veal Stock	2.5kg	13.75
50% Reduced Beef Stock	2.5kg	17.86
50% Reduced British Rose Veal Stock	2.5kg	26.15
50% Reduced Chicken Stock	2.5kg	17.86
Veal Jus	2.5kg	28.00
Beef Jus	2.5kg	25.77
Red Wine jus	2.5kg	26.54

TRUEfoods®
based on culinary principles



ESSENTIAL CUISINE STOCK - gluten free

Chicken stock mix	800g -yield 50ltr	20.35
Vegetable stock mix	800g -yield 50ltr	20.35
Beef stock mix	800g -yield 50ltr	20.35
Fish stock mix	800g -yield 40ltr	20.35
Lamb Stock	800g—yield 40ltr	20.35
Premier veal jus	1kg -yield 8ltr	27.88
Signature beef jus	1ltr -yield ltr	POA
No.1 Gravy Savoury Mix	1.5kg	17.95
Beef Demi Glace (yield 22 litre)	1.5ltr	22.65
Hollandaise sauce		POA
Lobster glace	600g	26.85
Wild mushroom glace	600g	27.25
Game glace	600g	26.73
Veal glace	600g	25.88



essential cuisine
the stock people



BONES/SUET

Calves feet	per kg	3.05kg
Pigs trotters	Per kg	2.10kg
Chicken bones	15kg approx	1.00kg
Dutch Veal Marrow bones	Per kg	1.32kg
Dorset rose veal bones	Per kg	1.32kg
Beef Atoxa suet	2kg	19.66
Vegetable Atoxa suet	200g	2.58



RICE/SPELT	UNIT	GUIDE PRICE
White Basmati	5kg	11.50
Carnaroli	1kg	3.95
Arborio	1kg	2.95
Black wild rice	800g	10.88
Thai scented rice	1kg	4.95
Pudding rice	1kg	4.75
Rice flour	1kg	3.95
Sushi Rice - Tamaki Gold	2.26kg	17.59
Acquerello organic Carnaroli rice	2.5kg	19.50
Sharpham Park Pearled Spelt	1kg	4.99
SALT		
Cornish Sea Salt Original crystals	1.5kg	12.98
Cornish Sea Salt Flakes	1kg	7.95
Maldon salt flakes	1.5kg	14.58
Maldon Salt flakes	250g	2.65
Smoked Maldon flakes	125g	2.89
Sel rose (pink salt)	500g	13.60
Fine salt	1kg	2.25
Bulk fine salt	5kg	5.95
Bulk coarse salt	10kg	9.95
Celery Salt	250g	5.55
PEPPERCORNS		
Black, whole	250g	7.30
Black, cracked	250g	7.30
Green, in brine from Madagascar	750g	8.95
Dried pink peppercorns	125g	8.45
Szechuan pepper	220g	12.95
Cayenne pepper	250g	6.78
White peppercorns	250g	8.67
Ground white peppercorns	500g	15.23
Ground black pepper	500g	14.18
TRUFFLES & MUSHROOMS		
Truffle Hunter truffle butter	100g	4.76
Truffle Hunter minced truffles	80g	13.95
Truffle Hunter white Truffle oil	25cl	13.50
Truffle Hunter truffle mustard	180g	5.75
Black Truffle & Porcini creme	400g	7.65
Fresh Dorset Truffles	Per 100g	POA
Truffle oil 'Mara'	25cl	7.30
Dark Truffle oil	1ltr	27.65
Whole brushed truffles	100g	26.20
Truffle Peelings	100g	19.95
Dried mixed forest mushrooms	500g	15.25
Dried Cepes extra	500g	30.95
Cep powder	200g	17.33
Dried Morels	100g	44.18
Frozen cep bouchon	1kg	31.63



VINEGAR **UNIT** **GUIDE PRICE**

Forum Cabernet Sauvignon Vinegar	50cl	12.34
Forum Chardonnay Vinegar	50cl	14.02
Isle of Wight Tomato Oak Roasted Balsamic vinegar	250ml	9.40
Aged 12yr balsamic	25cl	17.80
White Balsamic dressing	500ml	5.65
Balsamic vinegar	5ltr	12.56
Balsamic Glaze	500ml	6.95
English Apple Balsamic vinegar	350ml	4.99
Sherry vinegar Valdespino	75cl	11.95
Red wine vinegar	5ltr	7.25
White wine vinegar	5ltr	6.95
Malt vinegar	5ltr	5.96
Distilled vinegar	5ltr	6.25
Rice vinegar	630ml	3.65
Somerset cider vinegar	1ltr	6.25
La Chasse sweet chilli soy sauce	1ltr	7.45
Le Blanc Raspberry vinegar	50cl	6.85
Le Blanc Walnut Vinegar	500ml	6.85
Le Blanc Verjus	750ml	20.60
Cornish Artisan Malt vinegar	250ml	4.10
Tarragon Vinegar	50cl	6.25



OIL

Le Blanc Extra Virgin Olive oil	1 litre	14.95
Le Blanc Walnut oil	1 litre	23.15
Walnut oil, Centaur	50cl	6.75
Le Blanc Hazelnut oil	50cl	24.17
Le Blanc Grapeseed oil	1 litre	9.95
Organic Virgin Coconut oil	400ml	9.95
Toasted sesame oil	50cl	6.95
Extra virgin olive oil	5ltr	25.00
Pomace oil, blend	5ltr	12.65
Lemon oil 'Mara'	25cl	6.85
Truffle oil 'Mara'	25cl	7.30
Smoked oil	25cl	4.99
Fussells Extra virgin Rapeseed oil 5ltr	5ltr	19.45
Pumpkin seed oil	250ml	7.80
Avocado Oil	250ml	7.80
Trenwax, oil release spray	600ml	6.35



MUSTARD

Stokes English Mustard	2kg	13.25
Tracklements English Mustard	1.1kg	13.65
Smooth Dijon, kilner jar	1kg	7.50
Wholegrain, kilner jar	1kg	7.50
Dijon	5kg	14.65
Wholegrain	5kg	14.65
Colmans Mustard Powder	200g	5.25
Tracklements English Mustard	140gx6	12.95
Tracklements Dijon Mustard	140gx6	12.95
Tracklements Wholegrain Mustard	140gx6	12.95



VEGETABLES/TOMATOES/PESTO	UNIT	GUIDE PRICE
Whole peeled plum tomatoes	2.6kg	2.45
Chopped plum tomatoes	2.6kg	2.45
Tomato puree, double concentrate	800g	2.15
Roasted & marinated tomatoes (Sunblush type)	1kg	13.95
Roasted artichokes in oil	1.4kg	17.75
Artichoke hearts in brine	390g	2.25
Roasted red peppers	3kg	8.65
Capers "Lilliput" (baby ones)	1.5kg	17.28
Capers "Surfine"	1.5kg	16.75
Caperberries on stalks	1.5kg	12.55
Frozen peas	2.5kg	5.74
Frozen broad beans	1kg	3.10
Silverskin onions	1kg	3.95
Harissa Paste	390g	3.65
Pearl onions in balsamic	1kg	11.55
Basil Pesto	800g	13.65
Nettle pesto	1kg	13.65
Seaweed flakes from Cornwall	18g	2.95
Sweet Mini Pepper Drops	850g	13.60
Jalapeno peppers (sliced green)	2.6kg	6.45
Piquillo Peppers	410g	3.95
BRITISH PULSES		
Quinoa seeds	1kg	9.95
Split Fava beans	1kg	2.78
Whole Fava beans	1kg	2.60
Black Badger Beans	500g	2.79
Kabuki Peas (Marrowfat)	1kg	3.58
Split yellow peas	1kg	3.58
PULSES & GRAINS		
Puy type French green lentils	1kg	3.65
Red lentils	1kg	3.65
Cous cous	1kg	3.45
Israeli cous cous - perfect spheres	1kg	5.20
Fregola Tostata	1kg	9.09
Polenta	1kg	2.48
Bulgar wheat	1kg	4.25
Haricot blanc	1kg	4.15
Flageolet beans	1kg	5.80
Cannellini beans	1kg	5.20
Cannellini beans tinned	800g	2.25
Butter beans	1kg	6.95
Butter beans - tinned	800g	2.25
Red kidney beans - tinned	800g	2.25
Chick peas - tinned	800g	2.25
Borlotti beans-tinned	800g	2.25
Five bean mix tinned	800g	3.42
Chickpeas	1kg	3.10
Pearl barley	1kg	2.95
Porridge oats	1kg	1.98
Jumbo rolled oats	1kg	2.95
Freekeh	1kg	9.15
Chia seed	1kg	9.65



PASTA - dried	UNIT	GUIDE
Orzo (Rice shaped)	500g	1.95
Gluten Free Penne	500g	2.95
Penne	500g	1.45
Linguini	500g	1.65
Spaghetti	500g	1.25
Lasagne sheets	500g	2.75
Tagliatelli	500g	2.58
Pappadelle	500g	2.70
Pasta flour 00	1kg	2.00
Rigatoni	500g	1.45
Macaroni	500g	1.29
BULK DRIED PASTA		
Macaroni	3kg	5.45
Spaghetti	3kg	5.20
Penne	3kg	5.45
Fusili	3kg	5.45



LA TUA HANDMADE PASTA - fresh/frozen

Squid ink Linguine	3kg	18.12
Pappardelle Egg	3kg	18.12
Rigatoni	3kg	14.95
Linguine Egg	3kg	18.12
Tagliatelli Egg	3kg	15.75
Zitini (macaroni)	3kg	15.50
Pasta sheets 26x21cm	3kg	15.75
Gnocchi, Potato	3kg	14.70
Gnocchi, Spinach	3kg	16.28
Gnocchi, Beetroot	3kg	18.58
Gnocchi, Squid Ink	3kg	19.43



FILLED PASTA

Gnocchi, Beetroot & Goats Cheese	3kg	18.38
Ravioli Pumpkin & Ricotta	3kg	30.72
Ravioli Spinach & Ricotta	3kg	32.03
Tortelloni Beetroot & Ricotta	3kg	36.95
Tortelloni Spinach & Goats Cheese	3kg	35.30
Tortelloini Lemon & Ricotta	3kg	43.13
Tortelloni Wild Mushroom & Ricotta	3kg	46.20



POLLENS

Dill pollen	28g	22.58
Fennel pollen	28g	22.58

